



## **Care of Mouth After Soft Reline**

If your denture has a soft liner, you need to take additional precautions to protect the liner. Soft liners are more porous than the hard-liner dentures and mostly considered a temporary procedure that may last between 4 weeks to up a year depending on the choice of the materials used.

1. Soak your denture in a denture cleaning product using only cool water and for no longer than 30 minutes. High heat may damage the soft lining material.
2. During the first several days, use cotton balls to swab the liner. After this, you may try using a soft bristled brush. Do not use toothpaste or any other abrasive product; cleaning is best achieved by holding it under cold running water and wiping with wet cotton.
3. Hot food and heavy chewing is not recommended for the first day. Also, since the lining is soft, small materials like seeds may become embedded in the lining.
4. Do not allow the lining to become dry. Keep your denture in water while it is out of your mouth.